



# Nasir Sobhani

## Full Bio

Nasir Sobhani, widely known as The Streets Barber, is a humanitarian, speaker, and advocate for mental health and community connection. Through free haircuts for individuals experiencing homelessness and disadvantage, he restores dignity, hope, and a sense of belonging—one person at a time

Nasir's journey from addiction to sobriety shaped his philosophy: service is not just kindness but a pathway to personal and collective growth. Barbering became his calling, offering him a way to uplift those society often overlooks. Each haircut is more than a gesture; it's a moment of connection, listening, and affirmation of worth.



## It's not just about giving a service - it's about being of service



Globally recognized for his work, Nasir was featured in the Kenneth Cole Courageous Class Campaign, which celebrates individuals who have overcome significant challenges to inspire and uplift others. Beyond haircuts, he uses social media to share the stories of those he meets, amplifying marginalised voices and fostering empathy in the broader community.

Born in Japan to a Persian family and later raised in Canada, before moving to Australia a decade ago, Nasir's diverse upbringing and belief in the Baha'i Faith instils in him a deep commitment to breaking down prejudice and fostering unity. He champions the belief that service transcends differences, uniting people through shared humanity.

Nasir Sobhani's story is a testament to the transformative power of compassion. By dedicating his life to fostering connection and dignity, he stands as testament to the power of service as a pathway to building stronger communities and living a life of purpose.

# Topics for Nasir:

- **Purpose**

- Finding your gift/purpose
- Using your purpose for good
- The value of fulfillment and purpose personally and professionally
- Being connected to something larger than yourself

Nasir Sobhani inspires audiences to explore the transformative power of discovering and living their unique purpose. By embracing our gifts and connecting to something greater than ourselves, we unlock personal fulfillment and professional growth. Nasir's journey demonstrates how finding purpose creates ripples of impact, fostering connection, compassion, and a deeper sense of meaning in life.

- **Being of service**

- Prevention or tips to tackle burnout
- What comes from living a life of service
- Service mindset in customer service/experience, understanding what people are asking for vs what they need/leaving a lasting impression/every encounter matters
- Empowering people to bring their purpose to their roles
- Service in and out of the workplace
- Sustainable generosity
- Self-care & investing in yourself

Nasir Sobhani shares a profound perspective on living a life of service, emphasizing how it enriches both personal and professional experiences. From strategies to prevent burnout to empowering individuals to bring purpose to their roles, Nasir illustrates that service isn't limited to volunteering—it's a mindset that transforms everyday encounters. With real-life insights, Nasir shows how sustainable generosity, balance, and self-care create lasting impressions and a more connected life.

# Topics for Nasir:

- **Mental health**

- Opening up about your struggles
- Living authentically
- Tools for self-care
- Importance of relationships and community
- Noticing the signs in other people
- Supporting people through struggles
- Healthy relationships for men
- Your ethos on adversity and resilience
- Vulnerability

Nasir Sobhani speaks candidly about the courage it takes to face mental health challenges and live authentically. Through his own journey, he provides tools for self-care, emphasizes the importance of relationships and community, and highlights the transformative power of vulnerability. Nasir's insights inspire audiences to build healthier connections, foster empathy, and navigate adversity with strength and compassion.

- **Connection and community**

- The value and importance of C&C
- Finding/creating a community
- What is a community?
- How to foster connection
- Repairing relationships

Nasir Sobhani delves into the profound importance of connection and community, exploring how they shape meaningful, fulfilling lives. He shares practical strategies for finding or building a community, fostering relationships, and repairing broken connections. Nasir's message inspires audiences to embrace belonging and shared purpose as cornerstones of personal and collective growth.

# Topics for Nasir:

- **Addiction**
  - Drug/work/gambling etc we often have footy clubs and mining companies ask about this as a topic
  - Healthy and unhealthy coping mechanisms
  - Losing it all and getting it back
  - What's at the core of addiction
  - Asking for help

Drawing from his lived experience, Nasir Sobhani offers a deeply personal perspective on addiction, recovery, and renewal. He highlights the core of addiction, the power of asking for help, and the impact of unhealthy coping mechanisms. Nasir's journey serves as relatable inspiration, proving that even in moments of loss, resilience and support can rebuild a life of meaning and purpose.

- **Joy**
  - Joy amidst pain/sadness
  - Not just having(recognising/being) joy(ful)

Nasir Sobhani explores the transformative role of joy in overcoming life's challenges, showing that joy is not just a fleeting emotion, it's a practice. He emphasizes gratitude, laughter, and uplifting relationships as tools to turn hardships into moments of growth. Nasir's story demonstrates how joy can be a driving force for personal success and a spirit that enhances every environment, including the workplace.

