



Kyle Gemmill

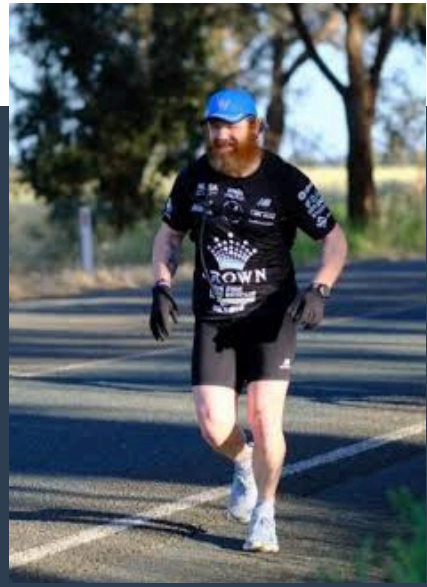
Full Bio

Kyle Gemmill is a Victoria Police officer, endurance athlete, and the founder of Run4KB — a movement born from loss, driven by purpose, and defined by relentless commitment.

After losing one of his closest mates, Brendon “KB” Warburton, to Ewing sarcoma, Kyle set out to do something that most would consider impossible — running 441 kilometres across Victoria in just seven days.



Purpose is what carries you when everything else gives out.



What followed wasn't just a physical challenge, but a test of identity, discipline, and purpose.

Battling extreme fatigue, injury, and the mental strain that comes with pushing beyond perceived limits, Kyle completed the journey — raising over \$140,000 for cancer research and helping establish what is now known as KB's Legacy.

But the run was never just about the distance.

It was about what happens when motivation fades, when the body begins to fail, and when the only thing left is your reason to keep going.

Today, Kyle shares his story with organisations, teams, and communities — translating his experience into practical lessons on resilience, discipline, and purpose-driven performance.

Topics for Kyle:

- Stay committed when motivation drops
- Build mental endurance under pressure
- Reconnect with purpose in the face of adversity
- Move from intention to action — consistently
- Kyle motivates and inspires audiences through his personal story of:
 - 15 years serving in Victoria Police Special Operations Group (SOG)
 - 20 years of dedication to achieve his Black Belt in Brazilian Jiu Jitsu
 - Co-founder and CEO of 441 Coffee — 50% of profits donated to Sarcoma cancer research
 - President of KB's Legacy — One Step at a Time charity
 - Lost his mother to family violence at a young age — his father murdered his mother
 - Left to fend for himself, found his way out of profound personal trauma and loss
 - Has undergone 17 operations across his entire body — every major joint operated on at least once
 - At the 210km mark of an ultra endurance run tore his Achilles in three places and partially ruptured the tendon
 - Unable to receive pain relief due to risk of full rupture and infection
 - Ran the remaining 231km on pure determination and grit
 - The run gave birth to his charity KB's Legacy — continuing to honour that mission as President
 - A living example of resilience that is genuinely unlike anything most audiences have ever encountered